



# WELL-BEING WORKSHOP FOR CHILDREN

June 27 and 28 & July 4 and 5, 2026

Time: 1:00pm - 3:00pm

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Meeting placement: 103-1821 Wellington Ave

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**PARTICIPANTS: ANY ISLAND LAKE  
CHILDREN FROM 10 TO 14 YEARS OF AGE**

Contact information: If you are interested, contact Si-il  
for more information: [si-ilp@ilfnfs.ca](mailto:si-ilp@ilfnfs.ca) or TOLL FREE:  
1-855-749-9971 or 204-987-9444 ext. 253